



BACK TO SCHOOL – SEPTEMBER 2021 COVID PRECAUTIONARY HANDBOOK FOR STUDENTS AND PARENTS

“Back to School” will not be same as before. Along with the excitement of reuniting with friends after a long time, there is an added new worry about safety of our children. However, we have to get adapted to the new normal lifestyle. We assure you that the school has taken all necessary measures to ensure that children receive a warm yet safe welcome.



We also need to be aware that safety begins from home. So, kindly ensure that all basic guidelines are followed while the child leaves home and returns. Now that the children are going to be travelling to and fro school, all family members are requested to take care the basic health, hygiene and safety measures within the home.

We have jotted few measures below, each for a particular level. We are sure children are excited about the offline classes. However, let us make sure that they follow all measures as described and the importance of the same need to be emphasized to them.

COVID Precautionary Levels

- ➔ Level 1: Precautionary Measures while Leaving Home
- ➔ Level 2: Precautionary Measures while using the Transport Facility
- ➔ Level 3: Precautionary Measures while entering the School
- ➔ Level 4: Precautionary Measures within the Classroom
- ➔ Level 5: Precautionary Measures within leaving the School and Returning Home



Level 1: Precautionary Measures while Leaving Home

- Parent must check the temperature of the child before he/she leaves home. Any child with fever or any other symptoms must **stay at home**.
- A screenshot of the **Tawakkalna** page stating “Immune by 2 doses” need to be sent to the Class teacher.[Mobile Phones are prohibited]
- All children must carry their own **protective equipments:**
Safety Face Masks – Including a spare one and a sanitizer
- Wear proper uniform with neat haircut and nails trimmed
- Carry all required stationary supplies in order to avoid sharing of pens, pencils etc. Also, personal necessities like healthy food, water, tissues etc. need to be carried. Sharing of food and drinks is strictly prohibited. Please note that no canteen facility or water dispensers available in the school
- Create awareness among children on hygiene and other covid precautions. Provide good and rich nutrition with fruits and vegetables – Enough sleep at night and encourage physical activity and exercise at home.
- Parents are requested to drop and pick up students on time if coming private.
- Parents need to educate the children about importance of preventive measures, especially physical distancing, washing hands with soap and water, and safe disposal of used tissues, and the etiquette of sneezing. **Healthy regular communications in this regard among the family members can help instill social responsibility among children.**



Level 2: Precautionary Measures while using the Transport Facility

- All students need to be **wearing the mask** at all times.
- Entry to the school bus will be restricted to only those students who have **Immune status by 2 doses** mentioned in Tawakkalna.
- **Disinfect hands** thoroughly before and after getting off the bus with a sanitizer.
- Maintain **social distancing** during seating. All students must be seated in their designated seats only and not to stand while travelling.
- Maintain social distancing of at least one and half meters while waiting for the bus
- Cover the nose and mouth while coughing and sneezing with a tissue, or utilize inside elbow, then discard the wipes in the trash only.
- Avoid touching eyes, nose and mouth with unwashed hands. Also avoid touching frequently touched surfaces like door handles or window handles.



**** Buses shall be thoroughly sanitized after each trip.**

Level 3: Precautionary Measures for students while entering the School

- Keep social distance while entering the door
- Check the **temperature** and confirm your **Tawakkalna status with teachers.**
- Maintain proper social distancing during this process and move to the class in a line. Staff members shall be available to ensure the same.
- If any student is identified to have any doubtful symptoms, he/she shall be quietly taken to the **isolation room** without embarrassing him. The health staff shall carry out the check up once again and do the needful accordingly.



Level 4: Precautionary Measures within the Classroom

- Classrooms have been arranged as per the guidelines of MOE and MOH. Hence, students are required to be seated only in the seat allotted to them by the class teacher.
- Shifting of seats during the day is not permitted to ensure that tables and chairs used by a student are not used by others.
- Students shall have their meals in the classrooms. Sharing of food and drinks or any other material is strictly prohibited.
- Sharing of other supplies like pens, pencils etc are also prohibited.
- Maintain proper etiquette of sneezing and coughing. Used tissues to be disposed off immediately in to the trash.
- Proper hand washing to be followed before and after using the toilets.
- Always maintain social distance in the corridor and also while moving to the washroom area.



Level 5: Precautionary Measures while leaving the School and Returning Home

- Student needs to ensure that all belongings are taken and nothing is left behind while leaving the classroom.
- Maintain social distancing while leaving the class and getting into the bus or going private.
- Wait for your turn to move and listen to the instructions of the staff present there.
- Parents are requested to pick up the private students on time.

Making the transition to a new normal requires everyone's involvement and support. Together let's ensure the same. This time the reopening of school is going to be overwhelming like never before. We are sure that all staff, parents and students are ready to involve and follow with the safety regulations and guidelines. So let us hope for the best and embrace the new lifestyle with positivity and confidence.



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PRINCIPAL


